



# Neighborhood Policing Community Newsletter

June 2018

## Helpful Numbers

Lifeline (open 24/7) - [0800 543 334](tel:0800543334)

Depression Helpline (open 24/7) - [0800 111 757](tel:0800111757)

Healthline (open 24/7) - [0800 941 111](tel:0800941111)

Samaritans (open 24/7) - [0800 726 666](tel:0800726666)

Suicide Crisis Helpline (open 24/7) - (0508 TAUTOKO). This is a service for people who may be thinking about suicide, or those who are concerned about family or friends.

Youthline (open 24/7) - You can also text 234 for free between 8am and midnight, or email [talk@youthline.co.nz](mailto:talk@youthline.co.nz)

0800 WHATSUP children's helpline - phone between 1pm and 10pm on weekdays and from 3pm to 10pm on weekends. Online chat is available from 7pm to 10pm every day at.

Kidsline (open 24/7) - . This service is for children aged 5 to 18. Those who ring between 4pm and 9pm on weekdays will speak to a Kidsline buddy. These are specially trained teenage telephone counsellors.

## Be Safe, Feel Safe

NPT work closely with a number of our vulnerable community members to ensure they feel safe.

Anna RICHARDS of People First, Gisborne works with those who require assisted living. They meet once a week to discuss any issues they may have or experienced.

Russell and I were happy to provide them with prevention advice about keeping themselves safe at home and out in public. We also covered issues on how to deal with bullying, noise control and liquor licensing.



Pictured from left to right: Russell HOLMES, Alan, Amy, Harry, (Rear) Jandy SOLOMON, Patsy, Gina, Keiran, Jury, Rose (Front)

## Trends

Police have recently attended burglaries which have occurred during the day. The offenders have located weapons of opportunity on the premises to either smash glass or jemmy open windows and doors to gain entry. These weapons include tools which have come from insecure sheds or garages. Small easy to carry items have been stolen which indicate the offenders have been on foot and possibly carrying back packs.

It's important to remember the following:

Your local Rural Support Trust - (0800 RURAL HELP)

Alcohol Drug Helpline (open 24/7) - . You can also text 8691 for free.

For further information, contact the Mental Health Foundation's free Resource and Information Service ().

**THANKS TO OUR BBQ SPONSORS:**



- Report suspicious people loitering around houses during the day especially if they are unfamiliar to your area.
- Take notice of the neighbours dogs barking at unusual times. This usually indicates the dog is unfamiliar with someone.
- Talk to your neighbour about people who you have seen come and go from their property especially during the day and you know they work. It maybe someone they are aware of but your neighbour will appreciate that you're keeping an eye on their home.
- Obtain descriptions of suspicious characters, what they're carrying, and where they were headed.



## General

Break-in to shops and business premises in the CBD continue, several doors being forced by thieves using scissors to tamper with the locks on automatic closing doors. Please be on the lookout for anyone hanging around front doors in the central city who may be trying to force entry. Ring us immediately if you have suspicions about anyone hanging around shops etc at night.



